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PAWS (Post-Acute Withdrawal Symptoms) in Cocaine Recovery:

* **What is PAWS?**
* **Symptoms of PAWS.**
* **How long does PAWS last?**
* **Treatment for PAWS.**
* **Coping with PAWS.**
* **Support groups for PAWS.**
* **Resources for PAWS.**

[Include information about finding a helpline: findahelpline.com]

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5-MTHF (L-□□□□□□□□□□□□)	400–1000 mcg □□□□□□□□□	□□□□ □□ □□□□□□□	□□□□□ □□ □□□□ □□□□ □□□□ □□□□□□ □□□□□□□□□ □□□□□, □□□□□□□ □□□□ □□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□ □□ □□□□□□□□ □□□□ □□□ 5-□□□□□□□□ □□□ □□□ □□□□□□□□□ □□□□□□□□□ □□ □□□ □□ □□□□□□□□□ □□□ □□□ □□ □□□□□ □□□ □□□□□ □□□ □□□□□□□□ □□□□□□□ □□ □□ □□ □□□□□ □□ □□□□□ □□□□□ □□□ □□ □□□□□□□□□□□ □□□□□□□□ □□□□□□□ □□ □□□□ □□□□ □□□, 5-□□□□□□□□ □□□□□ □□□□□□□ □□□□□□□ □□□ □□□□ □□□□□□□ □□□□ □□□□ □□□ 400mcg □□ □□□□□□□

			[illegible] [illegible]-[illegible] [illegible].
[illegible] (B12)	1000–2000 mcg	[illegible], [illegible]	[illegible] 5-MTHF [illegible] [illegible] [illegible]

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